# The Collaborative Update

## Swimming in the Shark Tank



During March The Collaborative held its first 'Shark Tank' event, bringing together staff from across the four organisations to share ideas and collaborate on improving health outcomes in inner north west Melbourne.

Following a facilitated design workshop to help develop project concepts, seven individuals/teams were selected to deliver a pitch to a panel of Chief Executives/Board members from The Collaborative organisations. This was followed by a 5-minute Q & A with the panel.

The panel was very impressed with the quality and scope of the presentations, with four projects selected to progress under the auspice of The Collaborative.

Congratulations go to:

- Shoulder Assessment
   Management Service
   Emily Cross,
   The Royal Melbourne Hospital
- Inpatient rehabilitation to community health: improving pathways to optimise patient care. Michael Perrone, cohealth
- Are our services making a difference? Finding out using PROMS

Kristy Sealby (Merri Health) and Daniel Brown (cohealth)

 Telling the patients story: journey across the system
 Sarah O'Leary and Jesse Osowicki (NWMPHN), Jessie Lees and Mark Noonan (cohealth)

The Shark Tank will be back in 2018. Thanks to everyone who participated this year.

The great thing about this design workshop is you already have a conduit into other organisations where you might need to collaborate.

Often half the battle of problem solving in systems is finding the right people and building trust. To a certain extent the relationship and trust is already there through The Collaborative.

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Comment from Shark Tank 2017 design workshop participant.

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## **Chronic Heart Failure**

The Collaborative chronic heart failure project aims to explore the process of care transition from the acute hospital admission to the community, in patients over 65 with admissions with a primary diagnosis of chronic heart failure. This project will include focus groups with patients with chronic heart failure, general practitioners and ED staff at The Royal Melbourne Hospital.

When we have a good shared understanding of common areas of concern, or moments of care where transition could be improved, we will aim to develop and implement strategies to improve the process of care transition from the acute hospital to community care.

This project is being led by The Royal Melbourne Hospital.

For more information contact: Jane Gilchrist, Project Manager, Chronic Heart Failure Project jane.gilchrist@mh.org.au

#### About us

Formed in 2012, The Collaborative is a partnership between The Royal Melbourne Hospital, North Western Melbourne Primary Health Network, cohealth and Merri Health.

The Collaborative works together to improve patient care, outcomes and pathways for our shared community in the inner north west of Melbourne. The focus of activities for The Collaborative is on the interface between acute and primary care.

## **Stepping Up - Diabetes**

The Stepping Up model of care involves reorienting clinical roles to use existing resources in a smarter way to improve patient outcomes and reduce the burden of care

Registered Nurse Credentialed Diabetes Educators based in Merri Health and coHealth will be trained to mentor general practice nurses to play an enhanced role in diabetes management. This includes supporting practices to identify patients who would benefit from review, treatment intensification and lifestyle modification, patients who are "at-risk" of referral to specialist clinics or presenting to ED, as

well as embedding systems for claiming Medicare Chronic Disease Management items to support the sustainability of Practice Nurses in this enhanced role. RN-CDEs funded through this project will support up to 20 general practices in The Collaborative catchment.

For more information: Jesse Osowicki, Program Officer, North Western Melbourne PHN jesse.osowicki@nwmphn.org.au

The diabetes Stepping Up project has commenced. This project is being delivered by The Collaborative in partnership with the University of Melbourne. For more information visit collaborative.org.au



### **Getting involved**

We are always on the look out for ways of engaging health professionals from the four organisations in our activities.

If you have ideas or want more information contact: Jacqui Mckenzie, The Collaborative Project Manager, jacqui.mckenzie@nwmphn.org.au

www.collaborative.org.au or join us on Twitter: @Collab\_Melb

## Coming soon

#### Breakfast forum:

Hear from the Canterbury District Health Board about their longterm vision and commitment to integrated care. The annual collaborative forum will be held in November. Stay tuned for more on this in our next update.

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